



**Using the MBTI in teams and leadership development**  
**Footprint Directions**

**Sustainability Specialists**

*Improving skills, confidence & awareness in the workplace & farm-place*

**The Four MBTI Preference Categories and the Twenty Step II Facets**



<b>Extraversion</b>	<b>Introversion</b>
Initiating	Receiving
Expressive	Contained
Gregarious	Intimate
Active	Reflective
Enthusiastic	Quiet

<b>Sensing</b>	<b>Intuition</b>
Concrete	Abstract
Realistic	Imaginative
Practical	Conceptual
Experiential	Theoretical
Traditional	Original

<b>Thinking</b>	<b>Feeling</b>
Logical	Empathetic
Reasonable	Compassionate
Questioning	Accommodating
Critical	Accepting
Tough	Tender

<b>Judging</b>	<b>Perceiving</b>
Systematic	Casual
Planful	Open-Ended
Early Starting	Pressure-Prompted
Scheduled	Spontaneous
Methodical	Emergent.